

Alcohol, Drugs and Tobacco Policy



Policy Author:

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Date Reviewed By Author:

September 2024

Next Review Due:

September 2025

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Introduction

It would be irresponsible of the School not to be aware of the threats and dangers posed by drug misuse in contemporary society, particularly to children and teenagers. Of equal concern is the impact and effect of socially acceptable drugs such as tobacco and alcohol on its pupils. The School's policy has been formulated with this in mind.

Objectives

- to ensure that Caterham School is free from illegal drugs as well as psychoactive substances and solvents**
- to educate pupils on the effects of drugs on the mind and body**
- to provide opportunities for pupils to practise the personal and social skills and the strategies needed to deal with situations involving drugs**
- to promote the individual's self-confidence, self-esteem and self-worth**
- to explain the legal situation with regard to the use and misuse of drugs**
- to enable young people to identify sources of appropriate personal support**
- to enable parents to acquire knowledge and support**

Any pupil found to be involved with illegal or other harmful drugs while under school jurisdiction either on or off school premises can expect to be suspended from School and may subsequently be expelled depending on the circumstances. The school reserves the

Key Stage 3

Recognising personal responsibility for decisions about substance use
Knowledge about the basic facts concerning substances including their effects and relevant legislation
Awareness of myths, misconceptions and stereotypes linked with substance abuse
The development of appropriate techniques for coping with situations in which substance abuse occurs

Key Stage 4

Understanding that Britain is a drug-using society and recognising different patterns of use and their effect
Recognising the impact of peer-group pressure on drug habits
Individuals are responsible for the choices they make about drug use
Being able to analyse safe levels of intake; e.g. tobacco is never safe, limited use of alcohol may be safe
Discussing the role of the media in influencing attitudes towards drugs, particularly smoking and alcohol

Supportive Regime Document

Pupil's full name:

Date:

Pupil's date of birth:

Pupil's current school year and age:

I understand that the School has grave concerns about my wellbeing for at least one of the following reasons: